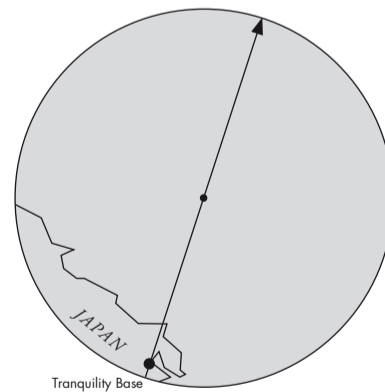


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Other side: Page 2 | Page 7

**THE EXERCISE: TRANQUILITY BASE**  
Choose your own tranquility base on Earth. Relax, and start the shut-down procedure for the area you are facing. Remove people outside of the circumference of the circle of tranquility. Remove trains, planes, buses, cars, bikes, scooters. Shut down all electrical systems and channels of communication. Unbuild the environment: Remove the infrastructure, buildings, poles, sewers, streets, tracks, parks... everything which is man-made – until you are facing an empty, virgin landscape. Now, reduce gravity to one sixth of the original. Desaturate the ground and the sky to greyscale. Silence, slowness, emptiness and total solitude will follow. You have recreated your own sea of tranquility on earth. A mental, non-violent nuclear detonation.

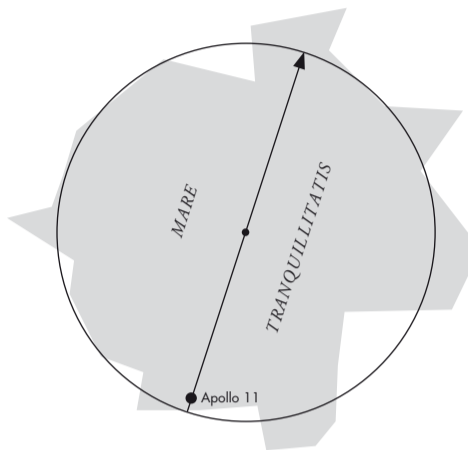


Perimeter of the Sea of Tranquility on Earth.  
Tokyo, Japan as the Tranquility Base. Facing the Pacific Ocean.

This side: Page 4 | Page 5 Fold: >|<  
Other side: Page 6 | Page 3

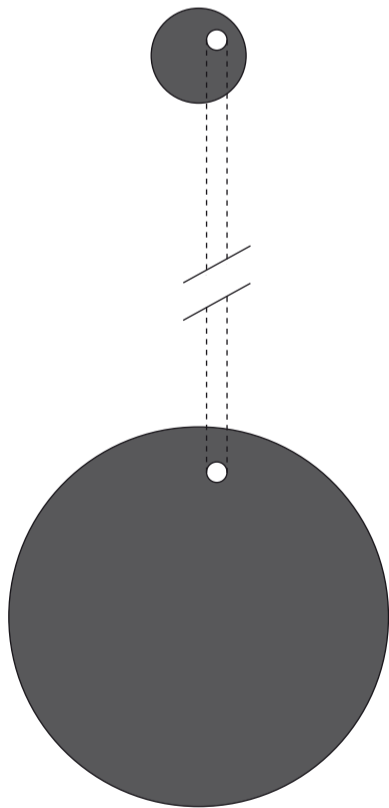
**MAGNIFICENT DESOLATION**  
 There is a lunar mare called MARE TRANQUILLITATIS (Sea of Tranquility) on the near side of the Moon. This same mare served as the landing site for Apollo 11 lunar module, the first manned landing on the Moon. The landing site was named STATIO TRANQUILLITATIS (Tranquility Base).

Upon landing, the astronauts encountered a grey, silent world with pitch black sky above. And in the sky, the noisy Planet Earth surrounded by darkness. Stepping out of the lunar module, Buzz Aldrin exclaimed: "Magnificent desolation."

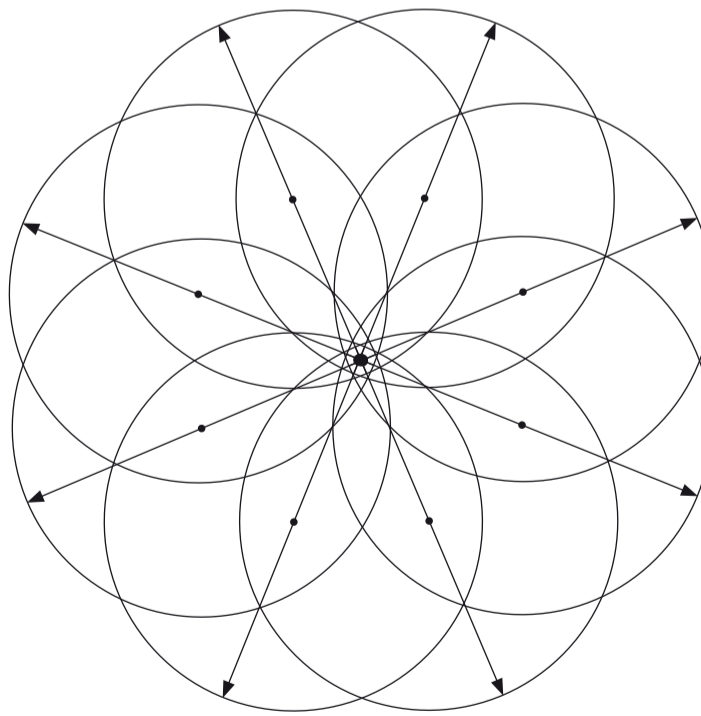


Mare Tranquillitatis, approximately 873 km in diameter.

This side: Page 2 | Page 7 Fold: >|<  
 Other side: Page 8 | Page 1



Moon and Earth in relation to each other.  
 A corridor opens between the two seas.



The Flowering:  
 Multiplication of the Sea of Tranquility.

This side: Page 6 | Page 3 Fold: <|>  
 Other side: Page 4 | Page 5